

## Join Us for the 2018 CHTA Conference!

The Canadian Horticultural Therapy Association invites you to 'Connecting with the Land: Wellness through the Boreal Forest', this year's conference celebrating and promoting horticultural therapy, therapeutic gardening, greencare and the power of nature!



## Who is the Conference For?

If you are studying or working in the area of:

Recreational Therapy  
Inclusive Outdoor Recreation  
Community Gardening  
Nursing  
Addictions  
Long Term Care  
Corrections  
Developmental Services  
Child & Youth Services  
Social Work  
Therapeutic Gardening and more...

you will be interested in attending



*Connecting with the  
Land: Wellness  
through the Boreal  
Forest*



**Canadian Horticultural  
Therapy Association  
Annual Conference**

**Visit [CHTA.CA](http://CHTA.CA) to  
Register  
[judithvinni@gmail.com](mailto:judithvinni@gmail.com)  
for more information**



## Thursday's Hands-On Making Stations:

**Willow Trellis, Raised Garden Bed & Cedar & Willow Sign Making**

## Friday's Workshop Topics:

**Methods for Engaging all People in Nature**

**Self Care: Boreal Teas & Body Products**

**Opportunities for Bringing HT into Grieving and Dying**

**Horticultural Therapy in the Correctional System**

**What the Boreal Forest Can Teach Us (A Walk with an Elder)**

Green = Boreal Forest



## Registration, Travel & Accommodations

**To Register and choose your Workshop Selections please go to [CHTA.CA](http://CHTA.CA)**

**Travel:** Porter, West Jet, Air Canada, Bearskin, Wasaya, North Star Air & Superior Airways fly into the city of Thunder Bay, Ontario

**Accommodations:** The Days Inn at 1250 Golf Links Rd, Thunder Bay, ON P7B 0A1 **Phone:** (807) 344-3297  
[www.daysinnthunderbay.com](http://www.daysinnthunderbay.com)

This Days Inn Hotel is very close to the conference site. Let the hotel know you are with the CHTA Conference and you will receive a discount on your room.

**A bus will be available to provide transportation from Thunder Bay to Willow Springs Creative Centre on Thursday afternoon and will return to the city after the evening's activities.**



Allison Skirtschak of Boreal Body

## Thursday, Sept 20, 2018

### Agenda @ Willow Springs

**4 - 5pm** Registration & Welcome

**5 - 6pm** Dinner: Wood-fired Oven Pizza, Harvest Salads, Apple Crisp & more

**6 - 6:45pm** Keynote Address: *'Effects, Benefits and Great Need for People to Connect with Nature for Health and Wellbeing'* by Dr. Jeanie Larson,

University of Minnesota Landscape Arboretum & Center for Spirituality and Healing in Nature-Based Therapeutics

**6:45 - 8pm** Hands-On Making Stations

**8 - 9pm** Networking Activities

## Friday, Sept 21, 2018

### Agenda @ Lakehead University Conference Centre

**8:30 - 9am** Late Registration

**9 - 9:15am** Welcome & Housekeeping

**9:15 - 10:45am** Workshop Sessions #1

**10:45 - 11am** Break

**11am - 12:30pm** Workshop Session #2

**12:30 - 1:30pm** LUNCH

Resource & Artisan Tables Open for Business

**1:30 - 3pm** Workshop Session #3

**3 - 3:30pm** Thanks & Acknowledgments

Resource & Artisan Tables Open for Business

**3:30 - 4:30pm** CHTA AGM